

Clarke Courier

Volume LV

Issue 3

Clarke College, Dubuque, Iowa

September 30, 1983

Drozda Joins Clarke's Personal Growth Center

by CHERYL EBERSOHL

The Counseling Center of Clarke College has made a few changes and has taken on a new name this year. The Clarke Personal Growth Center, the new title for the Counseling Center, offers students literature, tapes, and programs on topics such as: self-awareness, self-image, stress, bio-feedback, burnout, drugs, rape, self-protection, test-taking, and time management.

The Clarke Personal Growth Center operates under the direction of Nancy Leber, counselor and psychology instructor at Clarke. Leber is assisted by peer counselor Brian Drozda. Together, Leber and Drozda provide confidential group, family, and individual assistance. Drozda, a senior psychology major, has gained previous experience in behavioral techniques and counseling from a summer internship at Hillcrest Family Services. Leber feels the addition of Drozda will benefit the program by offering students the option of talking to another student on a one-to-one basis. "The students," Leber emphasized, "must realize that Brian is dealing

with students in a professional, ethical level just as he would in a counseling office outside the Clarke community."

Drozda's responsibilities include manning the Personal Growth Center for 8-10 hours a week, peer counseling, assisting Leber in various workshops, keeping confidential records and referrals, and keeping a personal journal of insights. Drozda is also planning a workshop, tentatively scheduled for Nov. 7, geared specifically for the male students of Clarke. The workshop will give male Clarke students the opportunity to discuss needs, problems, and their roles on a predominantly female campus. "The workshop," Drozda stressed, "is not intended to be a gripe session."

The hours Drozda is available for counseling are Monday 7-10 p.m., Tuesday 2-5 p.m., and Friday 2:15-4:15 p.m. Leber is available on Monday 9:30 a.m. - 3:30 p.m., Tuesday 1-5 p.m., Wednesday 9 a.m.-3 p.m., and Thursday 9:30 a.m. - 3:30 p.m. The Personal Growth Center is located in 126-7 Margaret Mann Hall.



Brian Drozda is a peer counselor in the Personal Growth Center. He joins Nancy Leber in providing programs on topics such as self-awareness, self-image, stress, drugs, rape, test taking and time management.

Group To Attend Caucus

by MATT GLEASON

Although election time is over a year away, the Democratic party is already mounting its attack on the Reagan administration. The party is attempting to find a suitable challenger for the November, 1984 elections. To find this person from a field of over half-a-dozen candidates, the party will hold a caucus in each state, Iowa being the first. One of the first major events in the

Democratic caucus process in Iowa is the Jefferson-Jackson dinner, scheduled for Saturday, Oct. 8, in Des Moines.

A group of Clarke students will be attending the dinner through the generosity of the Cranston for President Committee, which has chartered a bus for these politically attuned students. The group was organized by Dan Hanses, a senior transfer student from NIU, and

Mary King, a junior sociology major. Both are also members of the campus peace and justice organization.

"Americans are tired of the Reagan administration and their ludicrous policies," says Hanses. "They favor the business interests of the upper class. The Republican party has not been responsive to the needs of the middle class. I believe a Democrat in office can redress the needs of the common people."

All of the Democratic candidates will be speaking at this event. Their topics will center on individual platforms, specific policies, and what they hope to accomplish if they are elected.

Lingen Completes Research

by TERRI WALLERICH

Senior Joan Lingen is one of 79 students from around the country who did advance research in Oak Ridge, Tennessee, under a ten week summer program. The U.S. Department of Energy's Student Research Participation Program sponsored the program.

Lingen, a biology-premedicine major, worked in the Medical and Health Sciences Division at Oak Ridge Associated Universities. Her project involved synthesis and tissue distribution studies of radiolabelled analogs of alpha-aminoisobutyric acid as possible tumor-imaging agents.

Basically, she was working in a lab with a tumor localizer. Lingen was adding to the structure in unnatural amino acids, the basic building blocks of protein except with a slightly changed structure, to see how the intake of the amino acid increased or decreased.

Lingen was experimenting with albino rats to detect how the altered amino acids were distributed. This was done by tracing the radio activity incorporated into the compound.

Since its beginning in 1958, the DOE-funded program has enabled

over 2000 rising seniors to gain "hands on" experience in a realistic work environment. Students from a variety of academic interests participated in projects relating to energy production, utilization, conservation, and their social applications.

Lingen will use this lab work for her senior biology research project. She gave an oral presentation at Oak Ridge and will give one later this year.

About 20 percent of the students in this program will appear as co-authors on research publications.

Although Lingen won't do this for her project, she spent some extra time working on a related project and may be co-author in that research.

All the students lived together on a

floor of apartment-style dorms at the University of Tennessee.

They made a 50 mile trip round trip

between Knoxville and Oakridge

every day. Living in apartments

with students from all over the

country enabled Lingen to learn

about many other research projects.

"It was a wonderful experience,"

related Lingen, who plans on entering medical school next year. "I encourage any student who can, to

try to get into this type of program." She also noted that an interested student must take the initiative to get the application and letters of recommendation.

Although Lingen thought research was a good experience, she doesn't want to continue it. She feels a career of clinical medicine will give her more interaction with people than the six to eight people she'd see day after day in research.

"Doing the work helped show me how research applies to clinical medicine," stated Lingen. She enjoyed seeing results from her experiments and see them being used.

Since radiopharmaceuticals is an applied science she was able to use her knowledge of physics, biology and math. "It was a neat way to pull everything together," remarked Lingen.

ORAU is a not-for-profit association of more than 50 colleges and universities. It is a contractor of the U.S. Department of Energy, conducting research and educational programs in the areas of energy, health, and the environment for the Department, other private and government organizations, and ORAU's member institutions.

Homecoming Events Planned

In three weeks the 1983 Clarke-Loras "Come Sail Away" Homecoming events will sail.

The first Homecoming event is on Wednesday, Oct. 12. Bob Niedhoffer, a comedian-magician, will perform at the Loras Pub. The performance will begin at 8:00 p.m. and admission is free. This event is sponsored by the Loras student senate.

The Clarke CAJE band will be performing at the Julian Motor Inn on Friday, Oct. 14 at 7:30. The music will provide entertainment during registration of alumni and guests. The annual fun run will start off the parade just before 10:00 a.m. on Saturday, Oct. 15. The route is three miles long and the first 25 runners will receive t-shirts. Persons interested in helping with the fun run can contact Marie Kane at 557-8504.

Freshmen Elect Lisa Hawks

by ROD AHMAN

Last Friday, the freshman class elected Lisa Hawks class president. The rest of the freshman class officers for the 1983-84 school year are: Cathy Brenner, secretary; Wendy Schaefer, treasurer; Doug Goodman, cultural events

representative; Jane Jildebrand, RAP representative; Amy Golm, Phoenix Representative; Tara Fallow, social board representative and Erin Sweeney, educational policy committee. The class vice-president will be an off-campus student, since the president lives on-campus. The election for vice-president has not been held yet.

Hawks, from Bettendorf, said one of her main goals as president would be to get the class to work together. "This is not a one person job. It will take all of us to make the class the best it can be."

Apart from her newly-won presidential duties, Hawks is also a co-wining president on fourth floor Mary Josita Hall, and is currently involved in business publicity for "Fiddler on the Roof." Hawks hopes to double-major in history and English. She enjoys writing in her spare time.

The freshman elections were the climax to a time of speech giving, poster making and anxious waiting.



Lisa Hawks is the freshman class president.

Dance Presentation

The Clarke College cultural events committee will begin its production season on Wednesday, Oct. 5 with a dance duo from Minneapolis. Heidi Jasmin and Steve Potts, both of the Nancy Hauser Dance School in Minneapolis will present several modern dance pieces in their concert in the Music Hall beginning at 8:00 p.m.

No Classes on

Friday, October 7
Enjoy Tri-College
Free Day!

The next COURIER will be on Friday, October 14.

Comment

by TAMMY HUTSON

Congratulations to the newly elected freshmen class officers! The Freshmen seem like a fun class, and with the help of their officers they'll soon become an active part of the college. Our first chance to see the class work together will be at the Freshman Thank You at the end of October!

There won't be a COURIER next week because of the Tri-College break. I hope everyone enjoys their break. We'll be back again on October 14.

We're glad to see Clarke students given a chance to hear Democratic presidential candidates speak in Des Moines next week. (See story, Page 1) Although the presidential election

is still more than a year away, the time to start paying attention to views, policies, and credentials is now.

We've noticed a lot of garbage around campus in the last couple of weeks! It's too bad our beautiful campus needs to be scarred with broken beer bottles, candy wrappers and other trash! The solution is simple - everyone just needs to pick up after themselves.

Tonight is the first Union dance of the school year! I'm anxious to hear how warm it gets with people dancing. It may be a good time for CSA to solicit help for raising more money for the air conditioning system.



Members of CSA dressed to show their spirit during CSA Spirit Week recently. Pictured are (front row left to right) Tammy Hutson, Deanne Menken (second row) Joan Lingen, Charlie Sturm, Hal Hayek, Claudia Sadowski, and Ann Letournou (standing) Sheila McQuaid, Donna Siegrist, Chris Fitzpatrick, and Donna Brunkhorst.



Calendar

FRIDAY, SEPTEMBER 30

CSA Spirit week
Soccer Tournament at Platteville
4:00 TGIF - Union
9:30 Jr. sponsored Pajama Party - Union

SUNDAY, OCTOBER 2

Sr. Activity Day
1:00 SVDP Mtg. - MJFL
2:00 - 3:00 Faculty - Staff Retreat - TBA

MONDAY, OCTOBER 3

4:00 Circle K Meeting - MJFL
4:20 Faculty Senate - ALH
4:30 Jr. Dinner Mtg. - Union
5:30 Soph. Class Mass - MJ Chapel
9:30 Campus Ministry Discussion Group - 129C

TUESDAY, OCTOBER 4

V. Volleyball vs. UD & Platteville at UD - TBA
4:30 Prayer Group - 129C
6:00 Officer's Mtg. - OCS Lounge
7:00 Liturgy - TBA

WEDNESDAY, OCTOBER 5

9:00 Adm. Council
3:30 V. Soccer vs. UW PLATTEVILLE + Home
4:20 Faculty Policy - 310C
4:30 Peer Ministry - 129C
6:30 Amnesty Int'l - MJFL
8:00 Cultural Events Jasmin & Potts
Modern Dance - MH

THURSDAY, OCTOBER 6

5:00 Varsity Volleyball vs. Blackhawk

FRIDAY, OCTOBER 7

Tri-College Free Day

SATURDAY, OCTOBER 8

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Environmental Biology Major Sees Life in the Outdoors

By RENEE SOTO

"It's wild - never a dull moment exciting. To look ahead and just see white foam. A lot of it, you look at the water and it's going that way, and you just know it. You have no choice. You're going into that white water."

It is obvious, by the look on Suzanne Green's face as she recounts her adventures of white water canoeing, that canoeing is something she loves.

Green, a senior from Galena, with a double major in Environmental Biology and Computer Science, has been canoeing since she was 12 when her parents bought a canoe. Her family used to paddle around on a pond or lake.

One of her favorite excursions was up the waterways of Minnesota across the border into Canada, where she, her parents, and a friend camped on an island for a week, making daily canoe trips around the

model. In racing, technique is more important. Green said, "There is a more effective use of energy."

Each canoe has partners that make up the team. According to

Green, if these people have never canoeed together, their techniques are likely to conflict, thus a chance of gaining speed is highly doubtful

early in the race. Participating in a canoe race requires as much psyching up as a soccer or volleyball game.

Green learned about canoe racing this summer. Her friends from the Iowa Canoe Association convinced her racing could be fun. She discovered canoeing for pleasure and canoeing for speed are different.

The enjoyable canoe trip is just that - to enjoy - to get where you're going, in an aluminum canoe weighing about 75 pounds. A race has the same purpose, to get from one place to another, with one added element - speed. Due to the emphasis of speed, a lighter boat is required, one of fiberglass weighing less than half of the aluminum

model. In racing, technique is more important. Green said, "There is a more effective use of energy."

Each canoe has partners that make up the team. According to

Green, if these people have never canoeed together, their techniques are likely to conflict, thus a chance of gaining speed is highly doubtful

early in the race. Participating in a canoe race requires as much psyching up as a soccer or volleyball game.

Green has raced 15 miles in a little over two hours. 15 miles in a canoe is a long haul, and rowers are bound to become thirsty, if not a wee bit tired. Yet, if a canoeist were to stop to get a drink, it could cost her the race. So provisions are made. A water bottle with a tube is hooked up to the canoeist and when she wants a drink, she will miss, maybe a stroke, by putting the tube in her mouth and drinking.

This summer is the first time Suzy tried racing, she considers it her

preparation period and expects to do better next season. Meanwhile, Green spends her weekends out canoeing while the weather is still good.

Student Returns to Clarke After Year's Study Abroad



Karen Barber

by KATIE JACOBSEN

Karen Barber bought a dozen Spanish comic books at a rummage sale when she was twelve years old, but had no idea the ten cent purchase would influence her life so greatly. Today, the Clarke Spanish, business major says this incident influenced her deep interest in the Spanish culture. Barber spent last year studying at the University of St. Louis in Madrid, Spain.

Barber had considered studying abroad when she entered college. She chose to attend Clarke largely because of its study abroad program "I've always been interested in other people and cultures," she said.

While attending the University of St. Louis, Barber and three other girls rented rooms from an elderly Spanish woman. One of her roommates was from Washington, D.C. and the other two were from Spain.

For entertainment Karen and her friends frequented sidewalk cafes, popular in Spain.

"Everyone throws their napkins and litter on the floor over there," Barber said. "It's socially acceptable. In fact, a lot of junk on the floor means a good day of business for cafe and bar owners."

There was a lot of political tension in Spain during Barber's visit. A new president had been elected into the government and Barber claimed this caused tension. "There were bomb threats, protests and assassinations in Madrid."

Barber said a Spanish general was assassinated near a bus stop Barber often waited by. "It was scary to think a terrorist group was doing real live terrorist action within five miles of my location."

Barber made many new friends during her stay. Two new acquaintances were children she gave private English lessons to. She still writes to them and hopes to visit them again.

Barber also renewed old friendships while in Spain. Nuria Griseld, a girl from Barcelona, who had been a foreign exchange student in Barber's high school, entertained Barber often. Griseld and her family hosted Barber over the Christmas and Easter holidays. "They were good to me. They wanted me to have a good experience and I am very grateful to them for that," Barber said.

Barber returned to her home in Grand Rapids, Iowa in June. She said she suffered a slight case of culture shock when she first arrived here. "English didn't register at all to me at first. I got a headache from hearing everyone chattering English to me."

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1:10	3:20	5:25	7:25 & 9:30	1:20	3:20	5:20	7:30 & 9:35	
BEYOND THE LIMIT								
Richard Gere Michael Caine			Caroline's a rising executive.			She wanted everything Hollywood could give.		
BARGAIN MATINEES DAILY 1:35 3:30 5:30 7:35 & 9:30			Jack just lost his job.			MICHAEL KEATON TERI GARR		
Cinema Center			Jack's going to have to start from the bottom up.			MR. MOM PG		
BARGAIN MATINEES DAILY 1:35 3:35 5:30 7:35 & 9:40			Sometimes there's only one thing on your mind...			BARGAIN MATINEES DAILY 1:25 3:30 5:25 7:25 & 9:30		
Goin' All The Way R			AN EXTRAORDINARY FRIENDSHIP			THE GOLDEN SEAL PENELOPE MILFORD PG		

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Oct. 12 Ukiah

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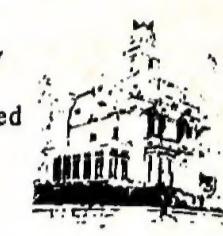
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The National Touring Company
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October 9 7:30 p.m.

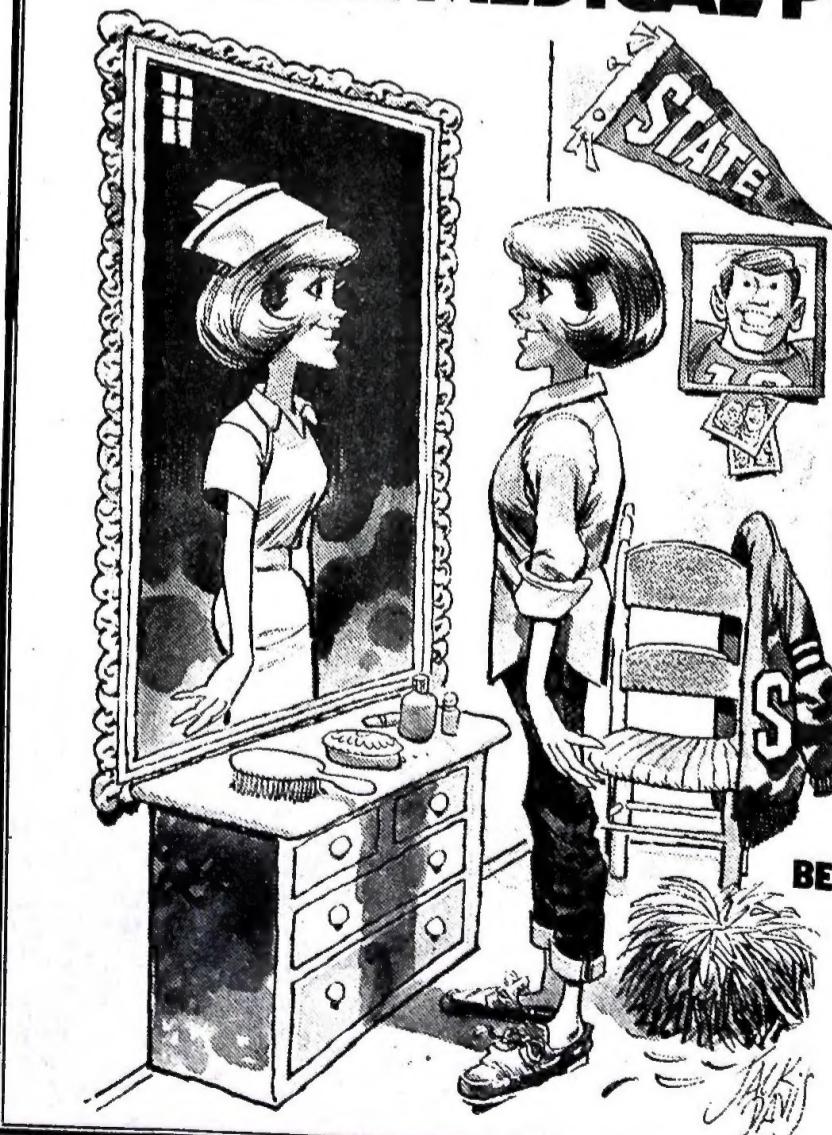
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100 declared majors and 2
intending to declare nursing
department - the first nursing
students attended the meeting, 4
student representation of an
meeting to Classie Hoyle
Academic Dean.

TERRI WALLERICH

"Fiddler on the Roof" cast
members have been training to
the complicated Russian
dances called for in the
production. Tatiana Bechenova
is choreographer along
with her daughter and Clarke
Marina O'Rourke. They
the dance corps learn the
techniques and movements of
Jewish wedding dance and the
bottle dance.

Although O'Rourke's parents were
Bulgarians, she was born in Bulgaria
and then moved to Europe where she
danced in Paris. She was
trained in Russian ballet, and just as
her parents had planned, became a
ballerina. In 1939, she joined a
original Ballet Russe and

